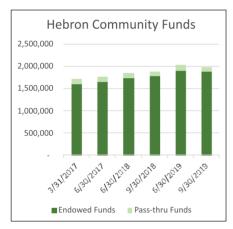
Hebron Community Foundation Fund

P.O. Box 24 • Hebron, NE 68370

www.nebcommfound.org/give/hebron-community-foundation-fund/

The Impact of Your Gifts to the Hebron Area

Your gifts to the Hebron Community Fund (HCF) are making an increasing impact each year. Since 7/1/2017 projects in the Hebron area have received grants of \$146,262 directly from HCF. These funds were leveraged with other funding to total \$292,467 in total projects. Some gifts are "pass-thru" contributions that the donor wants to support a specific project like new playground equipment, Titan Beef or walking trails. Some gifts are designated for endowments. An endowment is a pool of funds that the original gift is never spent. Only the earnings from the original gift are used for grants. You can see in the graphics that our funds have continued to grow. In addition, many projects have been funded in the past few years.



Children's Smiles - Parents Enjoyment

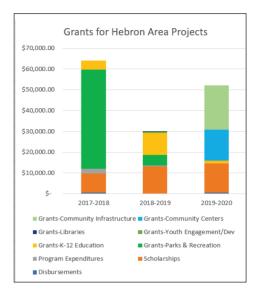
New play equipment in Roosevelt Park brings many smiles to the children who can safely climb, slide and enjoy the play area. Parents can relax on a bench while their kids ramble and swing. Often times when families are enjoying a meal downtown the kids and a parent can easily run over to the park and get rid of a little excess energy as they wait for their food. Others enjoy the park before a movie. The play equipment is always filled with kids having fun when there are large events in the park.

Our park board, our City and 99 donors (individual gifts totaling \$23,990) along with grants from the Hebron Community Fund combined to fund this fun \$125,000+ project. Thank you to everyone involved!









Goals for Community Building and Park Endowment

Our fund advisory committee, which is the group of volunteers that meets monthly to manage fundraising and grant administration, has established several goals for the Hebron Community Fund for 2020.

For a new account within the HCF to become eligible to become an endowed fund, we have to build it to \$25,000. Once endowed then that account can become a "target" for people who want to leave a legacy gift to the community. Many former residents of Hebron have left gifts to the Library or to Blue Valley Lutheran Homes or to the Foundation for Thayer County Health Services in their estates. We believe that having an endowment established for the benefit of the parks in Hebron would be a good idea. The fund raising the past couple years for Roosevelt Park was a "pass-thru" meaning the funds simply route through the foundation for accounting and tax purposes. All of those funds were immediately passed through to pay for the project. An endowed account for our parks would be a long-term permanent fund, the future earnings of which would be available to help fund other improvements to the park in the future.

A second endowment we would like to get funded through contributions is our School Alumni Account. We would like to grow this fund from \$16,163 to \$25,000 so that we can endow these funds for the future. This would provide a long-term funding mechanism for the expenses of sending newsletters to Alumni and to host an annual gathering. Maintaining communication with former students and residents is very important to us as these people know that Hebron is "A good place to live" and would likely be the best candidates to "attract home" some day.

Think of Your Hometown When You Think of Charity

Four Legged Stool

An article by John McKnight entitled "The Four Legged Stool" discussed the traditional three legs of the stool of society; corporations or businesses, governments, and non-profit institutions. The fourth leg McKnight identified was "Associations" which are groups of people working together for a specific cause or purpose. The Hebron Community Fund through the Nebraska Community Foundation is the non-profit entity which was established to gather, account for, and protect the gifts that are given. While this non-profit vehicle is important, the most important part of our society is "the associations."

Associations are groups like the Walking Trail Coalition, the Titan Beef Boosters, the park board, the 1,200 volunteers for the Cattlemen's Ball, and the youth of our community who pitch in to assist in many ways. An entity without an active group of members is not often effective. An organization is usually only as good as its members.

Contributions of your time and talent to local groups helps to keep our community clean, active and attractive. Contributions of your treasures to the Hebron Community Fund provides the financial support for these associations to do the good work that they do. The grants that are given normally require a good degree of leverage to be received. This means that the association or group that applies for the grant has to show that they have some of their own money they have raised to be included in the project. The group also contributes the work of their members toward the project. Your gifts to the Hebron Community Fund are carefully administered to make sure they make the greatest impact possible through the efforts of volunteers in our organizations. Help us to continue to build the grant making capacity of the Hebron Community Fund.

What's in it For Me?

The most heartfelt donations likely do not come with this thought "What's in it for me?" There are many benefits of charitable giving beyond a tax deduction. As noted in the article above, one of the greatest benefits of gifts to local foundations is the impact upon the community. Impact grants leverage volunteers with financial grants to achieve great things. In addition to the benefits to your community there are several personal benefits:

Key Health Benefits—<u>Improved happiness and health</u> of people who volunteer and who make charitable contributions is likely linked to reduced rates of stress. <u>Researchers</u> at John Hopkins University and at the University of Tennessee found that charitable givers experience reduced rates of stress and lower blood pressure compared to those who do not give.

Improve Key Measures of Your Health—People who volunteer score better on key measurements in overall health, such as resilience during physical activity and blood pressure levels, than people who do not. An article in <u>Consumer Reports</u> states that older adults who volunteer their time have improved cognitive function, increased walking speed, increased ability to climb stairs, and decreased rates of television watching than people who do not volunteer. All of these indicators are linked to better health of elderly individuals.

Activate the Reward Center in Your Brain—A study of a University of Oregon professor and his colleagues demonstrates that charitable contributions create a response in the brain that mimics one activated by drugs and other stimuli. This response elicits a surge of dopamine and endorphins that are experienced as "hedonic" and rewarding. Charitable giving can feel pleasurable in the deepest parts of your physiology — more so than a night on the town or a new outfit.

Feel Happier—While life satisfaction is one thing, general happiness is another. In a <u>study</u>, professors at the University of Missouri – Columbia and the University of California – Riverside, found that people who gave to others tend to score much higher on feelings of joy and contentment than individuals who did not give to others.

Improve Life Satisfaction—A <u>German study</u> cites ample evidence that people who give more to others – in both time and resources – experience greater satisfaction in life than people who do not. In fact, communities of people with high levels of giving tend to demonstrate greater satisfaction within the community than groups of people who do not give generously. Essentially, you're going to be happier in your community if it's made up of folks who give to one another.

https://www.moneycrashers.com/benefits-charitable-giving-donations/



If you would like more information about giving to the Community Foundation, contact any of these Advisory Board Members:

Pat Kenner - 402 768-6027; Rita Luongo - 402 768-1584 Kurk Wiedel - 402 768-7287; Carlece Kenner - 402 768-2311

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